

# ANTI-BULLYING PLAN 2023

## Blayney Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Blayney Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students
Term 1	Rights, Roles and Responsibilities Unit
Term 1, 2, 3 & 4	True Blue Program - Positive Behaviour for Learning (PBL)
Term 1, 2, & 4	Police Youth Officer Cyber Bullying Workshops, Life Education Visit, Positive Peer Relationships Program, AIS Good Village Program, School leaders and SRC leaders who promote a positive playground environment.

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	DEC Code of Conduct, Child Protection Training.
Term 1- 4	True Blue Program - Explicit teaching of lessons to staff during staff meetings, True Blue Team Meetings 3 times per term. Teacher developed lessons for the whole school.
Term 1 -4	Dedicated Welfare Team that meet every Wednesday morning with the school counsellor.
Term 1 - 4	Explicit Teaching and reinforcing of respectful relationships.

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and Casual Staff:

- Information is provided in 'red folder' to staff when they enter classrooms or are on duty at the school.
- Red folder is located in every classroom.
- An executive staff member informally speaks to new and casual staff when they enter on duty at the school.
- A blue playground bag and bluies are given to assist with playground behaviour.
- Documentation on Sentral and Executive/PREP follow up as needed.
- Staff must investigate and refer to PREP teacher or classroom teacher.

New and Casual Executive Staff:

- The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.
- A blue playground bag and bluies are given to assist with playground behaviour.
- Documentation on Sentral and Executive/PREP follow up as needed.
- Staff must investigate and refer to PREP teacher or classroom teacher.

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan       NSW Anti-bullying website       Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent meeting - 3 Way Conferences - Defining student bullying and school supports.
Term 1- 4	School website, School Facebook and/or school newsletter - Bystander behaviour. Sharing of workshops, programs etc that students are part of via these channels.
Term 1 - 4	True Blue Focus on outdoor noticeboard, Facebook and Newsletter.
Term 1, 2, & 4	Cyber Bullying Flyers in Newsletters.

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following:

Stage rewards - blues entered in box and then when earned, stages receive a reward e.g. crazy sock day.

Class rewards - stickers, merits, prize box, dojo, shout out jars etc.

Other awards - Assembly/Principal/Presentation Night awards for academics and wellbeing.

Wellbeing officer - working in classrooms with individual students.

Personal Development Programs - explicitly taught in line with the NSW DEC.

True Blue Program - based on PBL model.

SRC - promoting positive playground interactions and activities for students.